

Home School Timetable

Time	Subject	Subject Info	Infrequent Events
6.30 - 7.30	Wake up routine (Stay in your room until 6.30)	You Can have Electronics before breakfast is ready - <u>but you must be up, dressed and bed made before you get on any electronics</u>	
7.30 - 8.00	Breakfast	Breakfast, tidy breakfast stuff away, wipe table, load dishwasher - Brush teeth	
8.00 - 8.45	Morning Exercise	Family walk, trampoline routine, yoga (with Laura - optional), boxing with Matilds (optional). Or a cycle/scooter around the block with Dad (Optional). Or Joe Wicks Body Coach Routine (with Laura)	
15 min break		Relax/Chill	
9.00 - 10.30	Home school *pick three tasks, work at your desk	NO ELECTRONICS for fun... Homework/School work set, Soduku/Crossword puzzles, reading, 11+ revision, spellings, TTRock Stars, Google Classroom, MyMaths	BBC iPlayer Education Show (disucss with an adult)
10.45 - 11.00	Snack time	Eat a healthy snack	
11:00 - 12:00	Creative time	Puzzles, Reading, Games, Art, Music, Dance, Acting, Cooking, writing stories/play	
12:00 - 12:30	Free time	Your time to relax, play a game, get in the garden	
12:30 - 1:00	Lunch time	Eat some food - help clean away, wipe the table, load the dishwasher	
1:00 - 1:30	Household jobs - choices available	1. Wipe all tables & chairs 2. Wipe all handles, switches and desk tops 3. Take glass recycling 4. load/empty dishwasher 5. Tidy your desk/room 6. Dust your room	
1:30 - 2:15	Quiet time	Nap, Puzzles, quiet games	
2:15 - 3:45	Home school *pick three tasks, work at your desk	Homework, Soduku /Crossword puzzles, reading, educational video, MyMaths, TTRockstars.	BBC iPlayer Education Show (disucss with an adult)
3.45 - 4.00	Snack time	Eat a healthy snack	
4.00 - 4.30	Free time	Your time to relax, play a game, get in the garden	
4.30 - 5.30	Outside activities	Park visits, Bike rides, Garden time	
5.30 - 6.30	Dinner	Eat dinner - Electronics allowed while dinner is prepped.	
6.30 - 8.00	Free time	Anything you want to do really NO ELECTRONICS	3x showers / baths
8.00	Bedtime	Matilda and Beatrix	Movie night / game night
8.30	Bedtime	Oscar	Movie night / game night